

# SEPTEMBER 2020 – RAOK CALENDAR

		Put some quarters in an expired meter 1	Make muffins for someone 2	Write letters to soldiers 3	Donate to a friend's favorite charity 4	Buy or pick flowers for someone 5
Donate your old clothes  6	Give someone a compliment 7	Read a book or magazine for an hour 8	Take a thankful nature walk 9	Walk a neighbor's dog 10	Forgive someone 11	Set up a bird feeder  12
Volunteer at a homeless shelter 13	Don't speak over other people 14	Donate food to a food bank 15	Send a letter to a friend 16	Give treats to a neighbor 17	Write a poem for someone 18	Water a neighbor's flowers 19
Give flowers to a neighbor 20	Call your parents 21	Bring in donuts for coworkers 22	Give cookies to a friend  23	Call someone 24	Take a photo of a couple 25	Use less plastic 26
Pay for someone at a restaurant 27	Give someone a gift card 28	Recycle 29	Give away a book you loved 30			